



## **Important Reminders About Your Closure Procedure**

### **The Day Before Your Closure Procedure:**

- 1) Take your normal prescription medications unless instructed otherwise, including baby aspirin, Plavix, or prescription blood thinners. If you can, try to refrain from antiinflammatory medication that you take “only as needed” such as motrin, advil, ibuprofen, aleve, or full dose aspirin.” If you must take this medication, or you forgot to refrain, just make your surgeon aware. Make your surgeon aware of the timing of your last dose if taking blood thinners.
- 2) Be sure to drink plenty of water the day before and the day of treatment. It helps your doctor if you are WELL HYDRATED. It is advised to drink six 8 oz. glasses of water in addition to your normal fluid intake the day before your procedure.
- 3) Patients with heart valve replacements or recent (within the last 6 months) joint replacement surgery are normally given a prescription for antibiotics to take prior to their procedure. Be sure to alert the office if you do not have or if you have misplaced your prescription.
- 4) If you have not already done so, please confirm your appointment with our office.

### **The Day Of Your Closure Procedure:**

- 1) Take your normal prescription medication, including baby aspirin, Plavix, or blood thinners, unless instructed otherwise.
- 2) Be sure to be well hydrated on the day of treatment as this will help your doctor. You may visit the restroom just before the procedure if this is a concern.
- 3) Eat as you normally would but do not consume a large meal immediately before the procedure. A light meal is preferred to a patient who is hungry.
- 4) Be sure to take any pre-treatment medication that you may have been prescribed. Antibiotics should be taken about one hour before the scheduled procedure time.
- 5) Try to arrive 10-15 minutes prior to your appointment time so we may have the best chance to keep you (and our other patients) on time.
- 6) If you have been prescribed a pre-treatment sedative such as Valium, Ativan, or Xanax, you must have a driver to and from the appointment.
- 7) DO NOT WEAR expensive underwear as clothing on the upper thigh may get iodine on them when we prepare your leg for treatment. Avoid lotion or oils on the legs on the day of treatment as these can interfere with our sterile preparation.
- 8) Be sure to bring your compression stockings into your treatment room. We have stockings available for purchase on the day of treatment if needed, however be aware that insurance WILL NOT cover compression stockings issued on the day of a treatment.